



Joe's NEWS

Selected information from the city magazine "ONOJO"

Sep. 1st, 2020 issue (No.1)

“Disaster Prevention Day” on Sep. 1st

“Disaster Prevention Day” is set to use the Great Kanto Earthquake occurred in 1923 as a lesson to deepen the knowledge for disasters and learn how we prepare for them. Recently we have great disasters in various areas every year and precious lives are lost. On the other hand, many precious lives are saved by the cooperation among people. Please know how to act in times of disasters to protect yourself and save the precious lives.

Daily Preparations

- ◇ Obtain weather information through TV, radio, internet and other mass media especially in the seasons that disasters prone to occur such as rainy season and typhoon season.
- ◇ Check the evacuation sites near your home and routes to evacuate safely.
- ◇ Prepare emergency items such as water, food, daily commodities for a minimum of 3 days. (e.g. Drinking water 3L/day/person)
- ◇ Fix furniture to prevent falling over for the preparation of earthquakes.
- ◇ Check how to communicate with family and where to meet in emergencies.
- ◇ Care for your family and neighbors / Support residents who need special care during disasters.

What to keep in mind during evacuation

- ◇ Evacuate early.
- ◇ If you evacuate voluntary, notify Onojo City Office.
- ◇ Pay attention to the evacuation information by the city and evacuate soon when you are urged to evacuate by authorities.
- ◇ Turn off the gas and breakers before evacuation (in the case of earthquake).
- ◇ Wear casual clothes and bring minimum items when you evacuate.
- ◇ If you are left behind, especially in heavy rain, evacuate to higher places such as 2nd floor or over.

Registration on a list of residents who need assistance in a disaster

Onojo City makes a list of residents who need assistance in a disaster. This is for the people who have difficulties to evacuate on their own when a disaster occurs. Foreign residents in Onojo City can also apply for registration. We share information with institutions such as Kasuga Police Station, autonomous disaster prevention organization in each administrative area, etc. If you wish to register, please contact us.

(Continued on the upper right column)

“Disaster Prevention Day” on Sep. 1st

(Continued from the left column)

Please register Disaster Prevention Info-Service “Mamoru” to obtain information regarding disasters and regional safety.

URL <http://www.bousaimobile.pref.fukuoka.lg.jp/en/>

Disaster Prevention Panel Display

- **Date** Fri, Aug. 28th - Fri, Sep. 4th
- **Time** 9:00am-10:00pm
- **Venue** Onojo Madokapia Gallery Mall 【1st Floor】



“First Aid Day” on Sep. 9th

- **First Aid Week** Sun, Sep. 6th - Sat, Sep. 12th

Deepen your knowledge about first aid medicare and emergency service to be helpful in an emergency.

Oyako Asobi Kyoshitsu (Guardian and Child Class)

(1 course comprises 4 times)

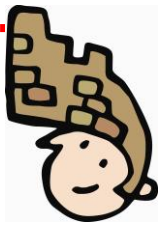
Make friends through learning fun child games with our day-care center staff.

- **Subject person** 1-3 years old children and their guardians
- **Dates** ◆ Mondays Oct. 5th, 12th, 19th, 26th (4 times)
- **Time** 10:00am - 11:30pm (Reception time: 9:30am -)
- **Details** Games, Parent-child play, Craft making
- **Limit** 15 groups
*If applications exceed capacity, a drawing will be held.
- **Cost** 500 yen (Material costs)
- **Application period** Mon, Sep. 7th - Fri, Sep. 11th
- **Venue** Reiwa Kodomo Joho Center (Reiwa Child Information Center)
(Address: 4-2-1 Kawarada, c/o 3F, Sukoyaka Koryu Plaza)



For application or further information, please contact Local Culture and Industry Promotion Section
Tel: 092-580-1876 Fax: 092-573-7791
E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Sep. 1st, 2020 issue (No.2)

We ask for your cooperation to prevent the spread of novel coronavirus infection

Please avoid the risk of infection and act to protect health and lives of your family and people around you.

- Avoid the "Three Cs" (Closed spaces, Crowded places, Close-contact settings) and do not talk loudly.
- Practice basic preventive measures such as wear a mask, follow "cough etiquette" and wash and disinfect your hands thoroughly.
- Keep your distance from others.
- Take preventive measures thoroughly at gatherings.
(Clusters of infection have occurred at restaurants with close contact and karaoke shops.)
- Refrain from going to places where they lack preventive measures.



Registration for the app, COCOA

Please register the COCOA smartphone application to receive more information on infection cases or the possibility of encountering infected.



Thank you very much for donations

We have received a lot of donations such as rubber gloves, hand sanitizers, face shields, non-contact thermometers from several companies and associations. We would like to express our sincere gratitude to the support.

Health Promotion Month in September

Health longevity is the period that you can spend daily life without any limit of daily life activities.

To prolong health longevity

◇ Do moderate exercise

Daily exercise plus 10 minute exercise

◇ Have well-balanced diet

◇ Quit smoking

◇ Take a health check-up

We recommend taking a health check-up at least once a year to know your health condition and prevent lifestyle diseases.



Consultation Service for Novel Coronavirus Infection

● Consultation for Visiting Medical Institution

'Chikushi Health and Welfare Environment Office (Returnees and potential contacts call center)' provides consultation service for the persons who may have been infected by novel coronavirus. If you have symptoms listed below, please contact 'Chikushi Health and Welfare Environment Office' immediately before visiting a medical institution. *When you visit the clinic, please wear a mask and avoid using public transportation.

- ◇ Persons who have severe symptoms such as breathing difficulty, severely tired, high fever, etc.
- ◇ Persons whose symptoms are prone to easily get severe such as seniors and those who have chronic diseases and who have symptoms of colds such as fever, cough, etc.
- ◇ Persons who have symptoms of colds and been having symptoms of colds such as fever, cough, etc. (As to persons who have been having these symptoms for 4 days or more, consultation is absolutely required.)

[As to consultation in foreign language, please contact the number below.](#)

Multilingual Call Center Fukuoka Asian Medical Center TEL:092-286-9595

TRAVEL SUPPORT Kyushu/Yamaguchi CALL CENTER TEL:092-687-6639

Chikushi Health and Welfare Environment Office

TEL:092-707-0524 *Weekday only 8:30am - 5:00pm

Fukuoka Prefectural Public Health Center (Emergency Contact Number)

TEL:092-471-0264 *Night time, Saturday, Sunday and National Holiday

● Consultation for Other General Things

The dedicated number for general consultation (24 hour-service)

TEL:092-643-3288 FAX:092-643-3697

Telephone Consultation Service by Ministry of Health, Labour and Welfare

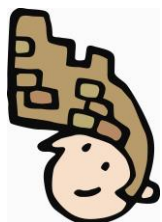
TEL:0120-565653 (Toll-free) *9:00am - 9:00pm

For application or further information, please contact Local Culture and Industry Promotion Section

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Joe's NEWS

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Sep. 1st, 2020 issue (No.3)

Family Support Center Onojo (Onegai Member Registration Date)

"Family Support Center Onojo" is a paid-volunteering service aiming to support guardians with child care. Please register to use this service.

●Subject Person

Guardians of children aged 3 months old up to elementary school students and who live or work in Onojo City

●Limit 15 people (First-come first-served basis)

●Application deadline

2 days before each registration date

Schedule of Registration

Date	Time	Venue
Thu, Sep. 10 th	10:00am-12:00pm	Higashi Community Center (Kenshushitsu #1,2)
Fri, Oct. 9 th	10:00am-12:00pm	Minami Community Center (Kenshushitsu #1,2)
Thu, Nov. 5 th	10:00am-12:00pm	Chuo Community Center (Kenshushitsu #1,2)

*Registration for Day Care in Case of Emergency and Day Care for Sick Child is also possible on the above dates.

Let's visit "Star-dome-madoka" and watch stars!

Let's watch "Summer Triangle"!

●Date and Time Sat, Sep. 12th 7:00pm-8:50pm

●Details ◇Lecture about stars in summer
◇Observing planets and stars with a telescope



Let's watch " Jupiter " and "Saturn" together!

●Date and Time Sat, Sep. 19th 7:00pm-8:50pm

●Details ◇Observing planets and stars with a telescope



●Venue Kita Community Center, "Star-dome-madoka"

●Fee Free

*Junior High School students and younger must be accompanied by their guardians.

*In the case of rain or cloudiness, a story telling will be held in a room.

*No registration in advance necessary.

Child Rearing Class for Expecting Couples!

Are you expecting a baby? Learn more about pregnancy, child birth and child rearing with other expecting couples.

●Date and Time Sat, Nov. 14th 1:30pm - 4:00pm

●Venue Sukoyaka Koryu Plaza, 3F

●Contents

- ◆Simulated experience of a pregnant woman
- ◆Maternity exercise for couples, etc.

●Subject person

Expectant mothers and partners who are living in Onojo City

●Limit 15 couples

*The expecting mother who has no birth experience and whose due date is coming soon will be given priority in case that the applicants exceed the limit.

●Charge 200 yen / couple

●How to Apply

Please send e-mail or fax to us with the followings written:

- ◆The name of this class ◆Names of the expectant mother and partner
- ◆Age ◆Birth date ◆Postal code and Address ◆Phone number ◆Due date
- ◆First or Second (or more) birth

●Application Deadline must be received before Wed, Sep. 30th



Oyako Salon (Parent-Child Salon)

This is a salon for preschoolers and their parents/guardians to play freely.

●Time 10:00am - 4:00pm

*We might limit hours and the number of users to avoid to be crowded.

*Closed on Tuesdays, First Sunday of every month, National holidays, Year-end and New Year holidays (Dec 28th - Jan 4th)

●Venue Reiwa Kodomo Joho Center (Reiwa Children Information Center) (1st floor, Sukoyaka Koryu Plaza)

For application or further information, please contact Local

Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp





Joe's NEWS

Selected information from the city magazine "ONOJO"

Sep. 1st, 2020 issue (No.4)

**Onojo Cocoro-no-furusato-kan City Museum Information
- Japanese History Experience held in September -**

Cocoful Workshop

- ◇ Let's make a moon viewing rabbit with folding papers and a card!
- ◇ Let's try traditional Japanese play!



Time	Contents
Sat, Sep. 5 th / Sun, Sep. 6 th Sat, Sep. 12 th / Sun, Sep. 13 th Sat, Sep. 19 th / Sun, Sep. 20 th	Let's make a moon viewing rabbit with folding papers and a card!
Sat, Sep. 26 th / Sun, Sep. 27 th	Let's try "Origami" (paper folding) and other traditional Japanese play such as "Koma" (spinning top), "Kendama" (cup-and-ball), etc!

- **Subject person** Whoever wants to join.
*Participants must be accompanied by one of their guardians.
- **Time** 10:00am - 4:00pm (Reception is closed at 3:30pm.)
- **Venue** Kids History Experience Room
(1st Floor, Onojo Cocoro-no-furusato-kan City Museum)
- **Fee** Free *It will end when materials run out.



Cocoful Experience Workshop

Let's make a notebook bound in Japanese style!

- **Subject person** Elementary School Students or older
*4th graders of elementary school and younger must be accompanied by one of their guardians.
- **Date** Sat, Sep. 26th / Sun, Sep. 27th ● **Time** 1:00pm - 3:00pm
- **Venue** Lecture room (M2nd floor, Onojo Cocoro-no-furusato-kan City Museum)
- **Limit** 5 people / each day
*If applications exceed capacity, a drawing will be held.
- **Fee** 300 yen
- **Application Period** Tue, Sep. 1st - Thu, Sep. 10th
- **How to apply** Send e-mail or fax to us with the name of event "September's Cocoful Experience Workshop", participant's name, age, grade, postal code and address, telephone number, preferred date written.
*1 application for 1 participant
*For application or further information, please contact us.



Akachan (baby) Hiroba

Come join us and meet other mothers with their first child!



- **Subject Person** 3 months -12 months old child and mother

*It is not acceptable to bring siblings.

Subject Person	Date and time	Venue
Those who live in South Community Area	Fri, Oct. 2 nd 10:30am-12:00pm	Reiwa Kodomo Joho Center(Reiwa Children Information Center), Kosodate-oen (support for child raising) Floor (Sukoyaka Koryu Plaza 3F)
Those who live in North / East Community Area	Fri, Oct. 9 th 10:30am-12:00pm	
Those who live in Central Community Area	Fri, Oct. 23 rd 10:30am-12:00pm	

(Reception: from 10:00am -) *Please attend in the community area you live.

- **Fee** Free
- **Items to bring** swaddle blanket or bath towel
- *No registration in advance necessary
- *Limited Parking
- *We will limit the number of participants for preventive measures against novel coronavirus infection.

Please Receive Periodontal Disease Check-up

The consultation ticket is sent to a subject person at the end of August. Please receive the check-up if you are a subject person.

- **Subject Person** Aged 40, 50, 60, 70 (Born in 1980, 1970, 1960, 1950)
- **Check-up Period** Tue, Sep. 1st - Thu, Dec. 31st
*During consultation hours
- **Check-up Fee** Aged 40, 50, 60: 500 yen / Aged 70: free of charge
- *For further information, please refer to the consultation ticket.



Don't feel alone.
Please email us at sangyo@city.onojo.fukuoka.jp
if you have any problems living in Onojo City.

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Joe's NEWS

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Sep. 1st, 2020 issue (No.5)

The 39th Ono Yamashiro Daimonji Festival

The 39th Ono Yamashiro Daimonji Festival which was scheduled this fall was postponed to next year due to the spread of novel coronavirus infection. Instead of holding the festival, we will hold display events to remember this traditional festival and pass the festival down to the next generation.

●Bonfires on Mt. Shioji

Bonfires which form festival symbol Chinese character 大 (dai) will be lit on Mt. Shioji



●Period and time Wed, Sep. 16th - Sun, Sep. 27th 7:00pm - 9:00pm
*Sat, Sep. 26th, Sun, Sep. 27th 5:00pm - 9:00pm

●Display of Paper Lanterns

One of the main events of Ono Yamashiro Daimonji Festival is display of lanterns made by 6th grade elementary school students in Onojo City. They will be displayed at 4 community centers in Onojo City and Onojo Cocoro-no-furusato-kan City Museum.

Venue	Display *Lantern made by each elementary school	Period
Kita Community Center	◇Ono Kita ◇Mikasanomori	Thu, Sep. 17 th - Mon, Nov. 23 rd
Minami Community Center	◇Ono Minami ◇Hirano ◇Tsukinoura	Fri, Sep. 18 th - Mon, Nov. 23 rd
Chuo Community Center	◇Ono ◇Ori ◇Shimoori	Fri, Sep. 18 th - Mon, Nov. 23 rd
Higashi Community Center	◇Ono Higashi ◇Ogi	Sat, Sep. 19 th - Mon, Nov. 23 rd
Onojo Cocoro-no-furusato-kan City Museum	Lanterns made by local people	Tue, Sep. 15 th - Sun, Sep. 27 th *After Mon, Sep. 28 th , displayed at each community center

●Display of Festival Archives

●Period Tue, Sep. 15th - Sun, Sep. 27th

●Venue Onojo Cocoro-no-furusato-kan City Museum

●Festival DVD Showing

●Venue ◇Onojo Cocoro-no-furusato-kan City Museum
◇each Community Center ◇Onojo City Hall 1F Lobby

*As to period of showing DVD, please contact us.

Opening Sports Facilities Free of Charge on Sun, Sep. 13th (Madoka Sports Day)

You can enjoy sports free of charge on Sun, Sep. 13th. We are opening the following facilities free of charge for the purpose of giving citizens more opportunities to enjoy sports.

*We will limit the number of users for preventive measures against novel coronavirus infection. For the use of facilities below, please contact us.

Facilities		Opening Hours
Madoka Park General Gymnasium	Facilities on the 1 st floor	9:00am - 10:00pm
	Sports Ground on the 2 nd floor	
	Multipurpose field *For personal use only	6:00am - 7:00pm
Fureai Hall · Multi Purpose Room (Tamokutekishitsu) · Health Room (Kenkoshitsu) at each Community Center		9:00am - 9:00pm
Elementary School Grounds		9:00am - 7:00pm
Akasaka Tennis Court *		9:00am - 9:00pm
Asahigaoka Tennis Court *		

As to *,

*Available time is limited within 2 hours.

*Lighting Fee is charged.

You can use other facilities than the above as usual. (charged)

*Reservation is required as to the use of training room.

●Reservation Period: Mon, Aug, 31st - Sun, Sep. 6th

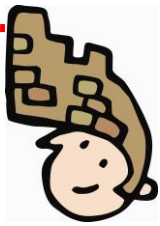


For application or further information, please contact Local Culture and Industry Promotion Section

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Joe's NEWS

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Sep. 1st, 2020 issue (No.6)

Health Performance Measurement at Sukoyaka Koryu Plaza

Do you want to stay fit? Do you want to find the right exercise for you? Check your physical strength with the Health Performance Measurement.

●Subject Person

Onojo residents or who are working in Onojo City (Aged 40 and above)

●Measuring Dates and Venue

Date	Venue	Limit (first-come first-served basis)
Thu, Sep. 17 th	Minami Community Center	15 people
Thu, Oct. 15 th Thu, Nov. 19 th	Sukoyaka Koryu Plaza	25 people / each day

●Contents

- ◇electrocardiogram
- ◇bicycle ergometer (endurance)
- ◇various physical fitness measurement (grip strength, agility, flexibility, balance)

●Time Required approximately 1.5hrs

●Fee 1,800 yen

●Necessary Item

Copy of Specific Medical Check-up results or equivalent health check-up results issued within a year, Sports clothes, Indoor sports shoes, Drinks, Towel

*In case that you are under any medical treatment, you need an authorization from your doctor.

●How to make a reservation

Call or visit Sukoyaka Koryu Plaza to make a reservation during opening hours, Mon, Wed-Sat: 9:00am-6:00pm. (Japanese-speaking staff Only) or contact us.

*Application acceptance Starts on Fri, Sep. 4th.

Health Promotion Room at Sukoyaka Koryu Plaza

Please make use of this room to stay fit. A health exercise instructor will help you with training machines and mini-lessons.

●Subject person

Onojo resident or who is working in Onojo (Aged 40 and above)

●Opening Hours *Reservation in advance necessary.

Mon, Wed-Sat: 9:00am-6:00pm (Reception closed at 5:00pm)

●Charge 300 yen / time (limited to 2 hours)

●Training Machines

Bicycle ergometer, Walking machine, Stretch pole, etc.

●Mini- Lessons (20 minutes per time / 5 lessons per day)

Muscle training for improving your body, Yoga, etc.

●Necessary Item

Copy of Specific Medical Check-up results or equivalent health check-up results issued within a year, Sports clothes, Indoor sports shoes, Drinks, Towel, Written permission by your family doctor (if you are under medical treatment)

●How to make a reservation

Call or visit Sukoyaka Koryu Plaza to make a reservation during opening hours (Japanese-speaking staff Only) or contact us.



About Cancellation of Events and Measures against Novel Coronavirus

*Please wear a mask and check your body temperature when you join events.

*There are events which are cancelled or postponed and facilities which limit the usage to prevent novel coronavirus infection. For further information related to novel coronavirus infection, please refer to the HP of Onojo City or contact us.

●HP of Onojo City

About Novel Coronavirus

<http://www.city.onojo.fukuoka.jp/s022/010/20200206093749.html>

Information on Opening Hours

Sep. 2nd Madokapia will be CLOSED

Sep. 7th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Aug. 12th Citizen Service Section will be open from 9:30am to 12:30pm

Aug. 14th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

For application or further information, please contact Local Culture and Industry Promotion Section

Tel: 092-580-1876 Fax: 092-092-573-7791

E-mail: sangyo@city.onojo.fukuoka.jp

